

How to Serve the Lord's Supper with Your Small Group

Biblical References:

Matthew 26:26–30, Mark 14:22–26, Luke 22:14–20,
Acts 2:42–46, 1 Corinthians 11:23–30

Setup and Timing:

Materials you need: grape juice; matzo, crackers, or bread; small cups (paper, plastic); possibly a tray.
Note: If your study group includes a meal, Communion can be served after or before your meal.



Purpose:

Taking the Lord's Supper: enhances your love relationship with God; shows your obedience to His command to remember Him; and helps you grasp again and again what Christ has done for all of us.

Introductory Comments:

"We are going to serve Communion in our group tonight. We'll take the bread separately from the cup. After everyone takes both elements, I'll close in prayer.

Spend time before you partake of each element remembering what the Lord has done for you and talk with Him about it in silent prayer.

You'll take each of the elements when you are ready for each. We won't necessarily take them together."



Step 1: Pass the bread around.

Read: "For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, 'This is my body, which is for you; do this in remembrance of me.' (1 Corinthians 11:23–24). When you feel ready, partake of the bread."

Pause: Wait until all have taken and eaten.

Step 2: Pass out the cups.

Read: "In the same way, after supper he took the cup, saying, 'This cup is the new covenant in my blood; do this whenever you drink it, in remembrance of me.' For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes (1 Corinthians 11:25–26)."

Pause: Wait until all have taken and drunk.

Step 3: Close with a prayer of thankfulness. (Optionally sing a song together.)